

Elderly Nutrition Program February 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | | 1 Stuffed Bell Peppers Italian Green Beans Dinner Roll Cobbler Cake |
| 4 Empanada Spanish Rice Chips & Salsa Caramel Apple Oatmeal Cookie | 5 Food Show Glenpool, OK | 6 BBQ Brisket Baked Potato Salad Baked Beans Garlic Bread Chocolate Cream Pie | 7 Pot Roast w/Potatoes & Carrots Dinner Roll Banana Pudding | 8 Eggs Bacon Breakfast Potatoes Biscuit & Gravy Fruit Salad OJ Coffee |
| 11 Fried Chicken Corn Salad Roll Pumpkin Cake Cookies | 12 Spaghetti w/Meatballs Italian Salad Garlic Bread Texas Sheet Cake | 13 Pork Loin Au Gratin Potatoes Butter Cabbage Dinner Roll Carrot Cake | 14 Beef Fried Rice Asian Blend Spring Roll Jell-O | 15 Cook's Choice |
| 18 Beef & Hominy Green Beans Cornbread Applesauce Cake | 19 Smoked Sausage w/Peppers & Onions Mac & Cheese Side Salad Cake w/Icing | 20 Closed Staff Meeting | 21 Baked Potato w/Fixings Soup Birthday Cake | 22 Sausage Sliders Potato & Fall Veg Casserole Fruit Salad Cinnamon Roll OJ Coffee |
| 25 Beef Tips w/Gravy Over Egg Noodles Peas & Carrots Biscuits Fast & Fancy | 26 Baked Chicken Candied Yams Bread No Bake Cookies | 27 Meatloaf Mash Potatoes & Br Gravy Mixed Vegetables Roll Peaches & Cottage Cheese | 28 Indian Tacos Pineapple Upside Down Cake | |